



THE CANADIAN DENTAL
HYGIENISTS ASSOCIATION
L'ASSOCIATION CANADIENNE
DES HYGIÉNISTES DENTAIRES

For immediate release (Disponible en français sur la demande)

Media Release

Canadian Dental Hygienists Celebrate Excellence

October 30, 2018 (Ottawa, ON) — The Canadian Dental Hygienists Association (CDHA) is proud to recognize a number of individuals for their outstanding contributions to the dental hygiene profession, the national association, research, and knowledge translation. “Our 2018 award winners have set high goals and achieved much in their professional and personal lives,” notes Tracy Bowser, CDHA President. “We are thrilled to celebrate their efforts with our annual awards.”

The recipient of this year’s CDHA Award of Merit is Balbir Sohi, owner of Smiles on Wheels mobile independent dental hygiene practice and recently elected Peel Region School Board Trustee.

The winners of the 2018 *Canadian Journal of Dental Hygiene* (CJDH) Research Award for best original research are Joanna Asadoorian, Dani Botbyl, and Marilyn J Goulding for their article, “Ultrasonic instrumentation instruction in Canadian dental hygiene programs”; the winners of the CJDH Research Award for best literature review are Jacqueline VanMalsen and Sharon M Compton for their article, “Effectiveness of early pediatric dental homes: A scoping review.” Alison Ashworth, a recent graduate of the University of British Columbia, is the recipient of the 2018 CJDH Student Essay Award for her essay, “Understanding the factors influencing the Aboriginal health care experience.”

This year’s *Oh Canada!* Readers’ Choice Award recipient is Alexandra Sheppard for her article, “I Think it Was Missed Because I Was Not A Smoker.”

The awards were presented at CDHA’s recent annual general meeting in Charlottetown, PEI. The event also recognized the winners of the Dental Hygiene Superhero competition: Canada’s dental hygiene superhero, Donna Lee, and runners’ up Mary Ito and Lisa Chovin.

Serving the profession since 1963, CDHA is the collective national voice of more than 29,246 registered dental hygienists working in Canada, directly representing 19,000 individual members including dental hygienists and students. Dental hygiene is the sixth largest registered health profession in Canada with professionals working in a variety of settings, including independent dental hygiene practice, with people of all ages, addressing issues related to oral health. For more information on oral health, visit www.dentalhygienecanada.ca.

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