

# DENTAL HYGIENE...

Dental hygienists are your partners in prevention, encouraging you to brush, floss, and rinse to protect your oral and overall health. Dental hygienists are primary health care providers who play a vital role in ensuring optimal oral and overall health for all Canadians.

Schedule a visit with your dental hygienist today to protect your health for tomorrow.

Visit [www.dentalhygienecanada.ca](http://www.dentalhygienecanada.ca) to find out more

## ...FOR LIFE!

