## **DENTAL HYGIENE...**

Dental hygienists are your partners in prevention, encouraging you to brush, floss, and rinse to protect your oral and overall health. Dental hygienists are primary health care providers who play a vital role in ensuring optimal oral and overall health for all Canadians.

Schedule a visit with your dental hygienist today to protect your health for tomorrow.

Visit www.dentalhygienecanada.ca to find out more







