

PRACTICE GUIDELINE

Interdental Brushing or Flossing: Self-Care Recommendations for Clients with Interdental Inflammation

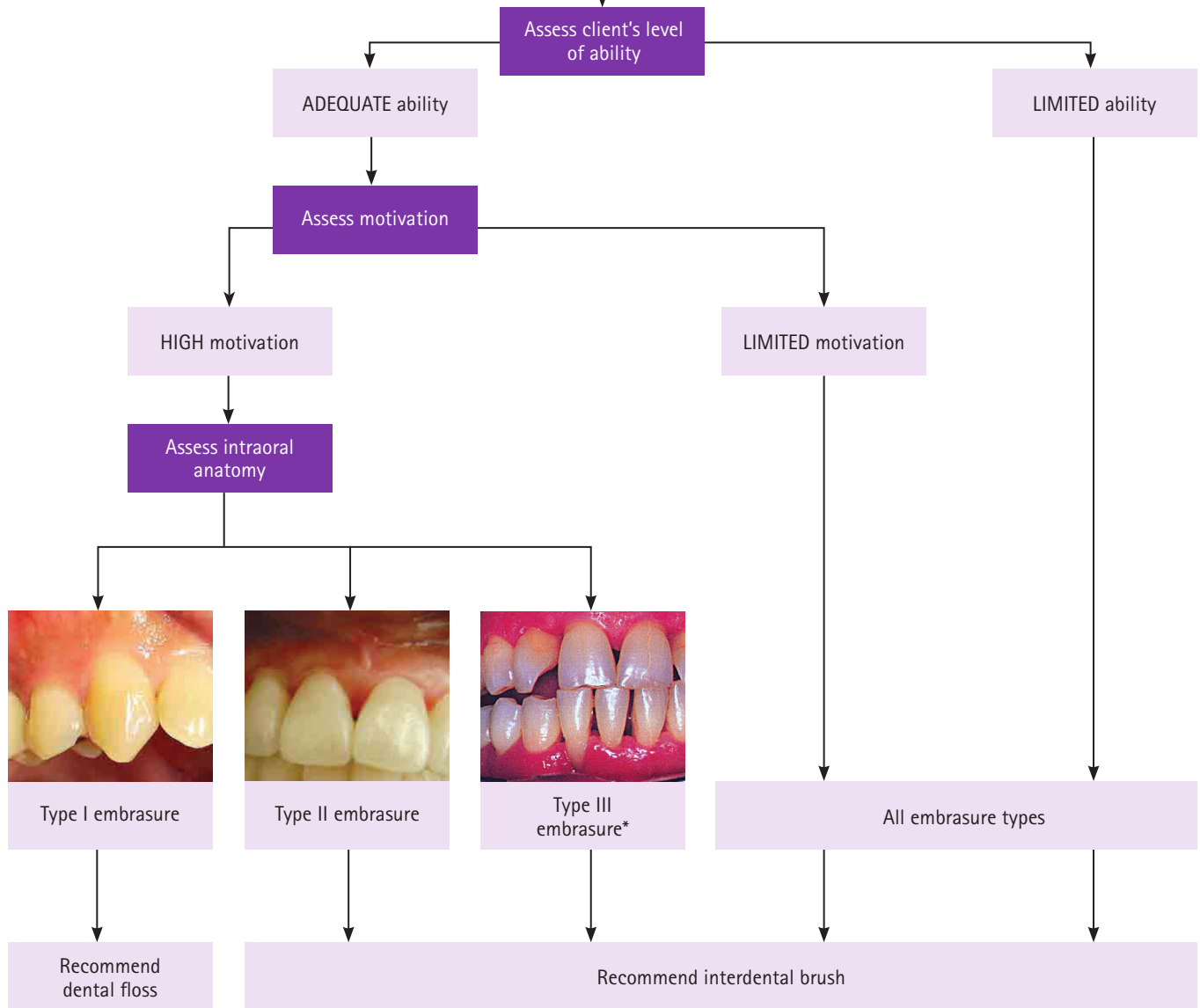
Client with interdental inflammation



Clinical signs:

- redness
- swelling
- soft interdental papilla
- bleeding (with or without stimulation)
- plaque (visible or not)

All are related to plaque biofilm, gingivitis and/or periodontitis



* Photo courtesy Sherry Saunderson